



# Camp Harmony

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“Inviting all people to experience the wonder of creation and find harmony with God, with nature and with one another.”

## Camp Waiver Release Form

### **Van Travel**

### **Parent/Guardian Signature** \_\_\_\_\_

I acknowledge that travel may be necessary for this camp. Travel entails known and unanticipated risks, which could result in physical or emotional injury or worst extreme even death. I voluntarily assume all risks associated with such participation.

### **Swimming**

### **Parent/Guardian Signature** \_\_\_\_\_

I will voluntarily use pool facilities with knowledge of the danger involved and hereby agree to accept any and all risks of property damage, personal injury, or death. I voluntarily assume all risks associated with such participation.

I understand the use of Camp Harmony’s pool facilities involves certain risks, including: risk of injury resulting from possible malfunction of the pool equipment; risk of injuries resulting from tripping or falling over obstacles in the pool area; risk of injuries resulting from unsupervised divers and swimmers colliding; risk of other injuries resulting from participating in the swim session.

I recognize and fully understand that the above list is not a complete or exhaustive list of all possible risks; the list only provides examples of types of risks that I am assuming. I have a personal responsibility to follow any safety rules and procedures established by the camp and that are associated normally with swimming and other pool use activities.

### **Challenge Course**

### **Parent/Guardian Signature** \_\_\_\_\_

I understand that Challenge Course / Climbing & Repelling / High & Low Ropes / Adventure Based activities are, by their nature, physically and emotionally demanding, and that participating in the challenge course program may involve risks such as walking, bending, twisting, pulling, lifting, running, jumping, climbing, swinging, increased heart or breath rates and/or physical contact with others.

I understand that although Camp Harmony staff will make every reasonable effort to minimize exposure to known risks, not all dangers and hazards can be foreseen (i.e. cuts, bruises, scrapes, fractures, dislocations, fatalities, etc.). I am aware that certain risks and dangers exist in the activities that are beyond the control of Outdoor Ministry employees.

I understand that I have the right and the responsibility to limit my participation in any activity that I believe will compromise my safety, and agree to notify a Camp Harmony employee if I have safety concerns. Camp Harmony practices the “Choose Your Challenge” philosophy. This means, if I choose to physically participate in any of the activities, I voluntarily assume all risks associated with such participation.

I understand that Camp Harmony staff has the right to deny my participation and that it is my responsibility as a participant to follow the instructions, guidelines and procedures established by the Facilitator(s)/Trainer(s). If, at any time, I do not understand or have not heard specific instructions given by the Facilitator(s)/Trainer(s), I realize that it is my responsibility to ask for clarification and/or assistance before any participation.

### **Canoeing**

### **Parent/Guardian Signature** \_\_\_\_\_

I fully understand and acknowledge that: (a) risks and dangers exist in my child’s participation with a canoe. My child’s participation in such activities and/or use of such equipment may result in injury or illness or death or damage to personal property. These risks and dangers may be caused by other participants, or by accidents, or by the forces of nature or other causes. Risks and dangers may arise from foreseeable or unforeseeable causes including, but not limited to, river route, water level, weather conditions, risks of falling out of, from, a canoe, and such other risks, hazards and dangers that are integral to recreational activities that take place in a wilderness, outdoor or recreational environment.

I have been advised that my child must wear an approved personal flotation device at all times while on the water

My child is in good health. I understand that strenuous physical exertion may be required and my child has no known physical disabilities or health problems, which will present any risk to his/her participation in the activities. Information on my child’s physical handicaps or medical problems which I Camp Harmony, Inc. should know about will be reported on my child’s health history form.

### **Sports & Sledding**

### **Parent/Guardian Signature** \_\_\_\_\_

I hereby assume all of the risks of participating in sports at camp, including by way of example and not limitation, any risks that may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them, or because of their possible liability without fault.

I certify that I am physically fit and have not been advised to not participate by a qualified medical professional.

I acknowledge that this camp may carry with it the potential for death, serious injury, and personal loss. The risks may include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of participants, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, and lack of hydration.

**Hiking Activities**

Parent/Guardian Signature \_\_\_\_\_

Inherent hazards and risks include but are not limited to:

1. Risk of injury from the activity and equipment utilized is significant including the potential for permanent disability and death.
2. Falling causing broken bones, severe injuries to the head, neck or back which may result in severe impairment or even death.
3. An "act of nature," including but not limited to avalanche, rock fall, inclement weather, thunder and lightning, sever and or varied wind, temperature and other weather conditions.
4. Risks associated with crossing, climbing or down climbing of rock, snow and/or ice.
5. Risks associated with river crossings, fordings, or portaging.
6. Possible equipment failure and/or malfunction of my own or others' equipment, which may have been rented, borrowed, or personally owned.
7. Cold weather and heat related injuries and illness including but not limited to frostnip, frost bite, heat exhaustion, heat stroke, sunburn, hypothermia and dehydration.
8. Attack by or encounter with insects, reptiles, and/or animals.
9. Accidents or illness occurring in remote places where there are no available medical facilities.
10. Fatigue, chill and/or dizziness, which may diminish my/our reaction time and increase the risk of accident.

**Bounce House**

Parent/Guardian Signature \_\_\_\_\_

I understand though minimal the potential danger of serious personal injury and the risk associated that may occur with the activities very from burses, cuts, burns, broken bones, paralysis, or even death in certain circumstances. While in the jump arenas/cheer floor and on the inflatable/cheer equipment on behalf of myself and the participant's assume such known and unknown liabilities, even if arising from negligence of others.

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|---|---|
| <ol style="list-style-type: none"> <li>1. Socks must be worn at all times No Shoes or Bare Feet</li> <li>2. No head first down any slide. FEET FIRST ONLY</li> <li>3. No climbing up the slides</li> <li>4. No flips or tumbling of any kind</li> <li>5. No jumping onto or off of the inflatables</li> <li>6. No rough play</li> </ol> | <ol style="list-style-type: none"> <li>7. No climbing on the outside or on top of any inflatable</li> <li>8. No sharp objects</li> <li>9. No jewelry</li> <li>10. No food, drinks, candy or gum on the inflatables</li> <li>11. NO RUNNING</li> <li>12. No unattended participants on tumble track or rock wall.</li> </ol> |
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**Archery**

Parent/Guardian Signature \_\_\_\_\_

When safety rules are not followed, archery can be dangerous. Although injuries are rare, they can still happen. If you wish to participate in this archery program you must be aware of the dangers of a shooting sport. Shooting archery is a fun activity and will be conducted under the close supervision of a facilitator who will try to minimize all possible dangers.

Archery is intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury. All hazards and dangers cannot be foreseen. The very nature of archery is hazardous and risky. Inherent risks include, but are not limited to: getting hit by an arrow, self-inflicted wounds, improper shooting technique, carelessness of other archers, lack of proper protection, poor range conditions, poorly selected and maintained equipment, lack of conditioning, horseplay, carelessness, poor pulling technique, splintering of the arrow, inadequate supervision or instruction, premises defects and other risks inherent to archery.

In order to demonstrate or to show how to accomplish the proper bow arm position, stance, back tension, etc., sometimes the facilitator may need to touch your head, neck, shoulders, arms, hands, back, trunk, hips, legs and feet to help get into the proper position.

Do you CONSENT to being touched to accomplish proper technique?    Yes    No    (circle one)

**Horsemanship** – If you are participating in horsemanship camp, please see included waiver/release for the appropriate location.

I understand, by signing this waiver form, this does not guarantee these activities will take place during the week(s) of camp attended but is needed in order for participation in programs at Camp Harmony.

In consideration of Camp Harmony allowing me to participate in these activities, I hereby release, discharge, waive, disclaim, and relinquish all claims, actions, or causes of action for personal injury, wrongful death, or property damage against Camp Harmony arising as a result of my participation in these activities, my use of Camp Harmony equipment, or any activities incidental to the activity. I also agree to defend and indemnify Camp Harmony and hold it harmless for any personal injury, death, or property damage arising from my conduct.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_

Printed Name of Participant \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Printed Name of Parent/Guardian \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_